



# Wellingborough Amateur Swimming Club



## 50m FLY - BOYS under 16

Swimmer Name	Time	Date	Venue
Christopher Middleton	32.98	12 April 1997	Wellingborough
Christopher Middleton	32.78	05 July 1997	Wellingborough
Ian Sheppard	31.77	04 April 1998	Corby
David Hawkins	31.75	27 March 1999	Corby
Karl Maxwell	30.74	20 April 2002	Wellingborough
Matthew Blades	30.00	09 April 2005	Wellingborough
Aaron Flynn	29.74	20 May 2006	Wellingborough
Ben Green	29.37	18 May 2008	Sheffield

## 100m FLY - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	01:23.21	23 November 1996	Wellingborough
Christopher Middleton	01:17.31	30 November 1996	Wellingborough
Christopher Middleton	01:15.56	22 March 1997	Daventry
Christopher Middleton	01:14.72	14 June 1997	Corby
Owen Cain	01:14.71	09 September 2000	Wellingborough
Matthew Blades	01:14.42	28 September 2002	Daventry
Matthew Blades	01:11.33	23 November 2002	Wellingborough
Matthew Blades	01:09.44	18 January 2003	Leighton Buzzard
Matthew Blades	01:08.47	15 February 2003	Wellingborough
Matthew Blades	01:07.41	29 November 2003	Wellingborough
Matthew Blades	01:07.03	27 November 2004	Wellingborough
Matthew Blades	01:06.37	27 March 2005	Birmingham
Matthew Blades	01:05.41	17 September 2005	Grantham
Ben Green	01:04.10	24 November 2007	Wellingborough
Ben Green	01:03.01	16 February 2008	Stantonbury MK

## 200m FLY - BOYS under 16

Swimmer Name	Time	Date	Venue
Owen Cain	02:54.44	13 February 2000	Wellingborough
Patrick Merricks	02:44.29	11 February 2001	Wellingborough
Patrick Merricks	02:40.30	10 February 2002	Wellingborough
Patrick Merricks	02:40.03	16 March 2002	Corby
Matthew Blades	02:38.21	07 December 2002	Wolverhampton
Matthew Blades	02:33.88	09 February 2003	Wellingborough
Matthew Blades	02:32.40	31 January 2004	Daventry
Aaron Flynn	02:27.32	15 July 2006	Wellingborough
Alex Brown	02:25.01	10 February 2007	Wellingborough
Ben Green	02:17.91	05 January 2008	Wellingborough



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## 50m BACK - BOYS under 16

Swimmer Name	Time	Date	Venue
Kraig Nash	35.84	01 February 1997	Biggleswade
Christopher Middleton	32.37	12 April 1997	Wellingborough
Ian Sheppard	32.16	09 February 1998	Wellingborough
Sean Bailey	31.69	27 March 1999	Corby
Aaron Flynn	31.61	20 May 2006	Wellingborough
Ben Green	31.49	13 October 2007	Wisbech
Ben Green	30.97	15 March 2008	Daventry
Ben Green	30.27	27 April 2008	Wellingborough

## 100m BACK - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	01:19.72	16 November 1996	Wellingborough
Christopher Middleton	01:16.62	30 November 1996	Wellingborough
Christopher Middleton	01:15.11	23 March 1997	Daventry
Kraig Nash	01:14.94	14 June 1997	Corby
Christopher Middleton	01:11.68	29 November 1997	Wellingborough
Christopher Middleton	01:07.21	14 November 1997	Wellingborough
Ben Green	01:06.63	24 November 2007	Wellingborough
Ben Green	01:05.93	26 April 2008	Braunstone
Ben Green	01:03.93	26 April 2008	Braunstone

## 200m BACK - BOYS under 16

Swimmer Name	Time	Date	Venue
Christopher Middleton	02:42.52	22 March 1997	Daventry
Christopher Middleton	02:37.32	01 February 1998	Wellingborough
Mark Strachan	02:32.80	11 February 2001	Wellingborough
Ashley O'Brien	02:28.52	17 March 2002	Corby
Alex Brown	02:28.08	10 February 2007	Wellingborough
Ben Green	02:27.96	10 March 2007	Daventry
Ben Green	02:26.40	21 April 2007	Rugby
Ben Green	02:25.29	19 May 2007	Wellingborough
Ben Green	02:20.04	02 February 2008	Wellingborough
Ben Green	02:18.79	15 March 2008	Daventry

## 50m BREAST - BOYS under 16

Swimmer Name	Time	Date	Venue
Christopher Middleton	35.71	12 April 1997	Wellingborough
Christopher Middleton	35.41	05 July 1997	Wellingborough
Gareth Drage	33.22	04 April 1998	Corby
Mark Strachan	32.82	16 March 2002	Corby
Mark Strachan	32.52	12 January 2003	Sheffield



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## 100m BREAST - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	01:20.07	30 November 1996	Wellingborough
Gareth Drage	01:18.34	13 September 1997	Wellingborough
Gareth Drage	01:17.92	25 October 1997	Wellingborough
Gareth Drage	01:14.45	08 November 1997	Wellingborough
Gareth Drage	01:44.22	07 February 1998	Hinckley
Gareth Drage	01:12.62	07 March 1998	Wellingborough
Mark Strachan	01:11.69	07 April 2002	Corby
Mark Strachan	01:10.82	21 September 2002	Corby
Mark Strachan	01:10.05	12 October 2002	Boston
Mark Strachan	01:07.65	29 March 2003	Wellingborough

## 200m BREAST - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	02:58.29	25 January 1997	Wellingborough
Gareth Drage	02:57.86	25 January 1997	Wellingborough
Martin Smith	02:57.34	23 March 1998	Daventry
Gareth Drage	02:42.79	29 March 1998	Daventry
Ross O'Brien	02:42.10	12 February 2000	Wellingborough
Mark Strachan	02:40.18	30 July 2001	Sheffield
Mark Strachan	02:37.21	04 November 2001	Cambridge
Mark Strachan	02:31.53	16 March 2002	Corby
Mark Strachan	02:30.75	06 August 2002	(LC) Sheffield
Mark Strachan	02:26.15	19 March 2003	(LC) Sheffield
Mark Strachan	02:24.55	03 August 2003	(LC) Sheffield

## 50m FREE - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	32.04	14 December 1996	Leighton Buzzard
Christopher Middleton	27.24	12 April 1997	Wellingborough
Matthew Blades	26.95	02 April 2005	Wellingborough
Matthew Blades	26.94	17 September 2005	Grantham
Aaron Flynn	26.80	16 September 2006	Rugby
Ben Green	26.73	15 September 2007	Nottingham
Ben Green	25.76	15 March 2008	Daventry
Ben Green	25.60	27 April 2008	Wellingborough



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## 100m FREE - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	01:11.89	23 November 1996	Wellingborough
Christopher Middleton	01:04.68	30 November 1996	Wellingborough
Christopher Middleton	01:02.43	23 March 1997	Daventry
Christopher Middleton	01:01.73	14 June 1997	Corby
Christopher Middleton	01:00.89	29 November 1997	Wellingborough
Kraig Nash	01:00.14	19 June 1999	Rugby
Ashley O'Brien	59.65	13 October 2001	Wellingborough
Ashley O'Brien	58.99	16 March 2002	Corby
Matthew Blades	58.81	02 April 2005	Wellingborough
Aaron Flynn	56.92	18 November 2006	Wellingborough
Ben Green	56.04	16 February 2008	Stantonbury MK
Ben Green	55.97	15 March 2008	Daventry
Ben Green	55.80	27 April 2008	Braunstone
Ben Green	54.87	27 April 2008	Braunstone

## 200m FREE - BOYS under 16

Swimmer Name	Time	Date	Venue
Christopher Middleton	02:19.49	22 March 1997	Daventry
Christopher Middleton	02:13.21	24 January 1998	Wellingborough
Ashley O'Brien	02:12.88	10 February 2001	Wellingborough
Ashley O'Brien	02:07.80	09 February 2002	Wellingborough
Aaron Flynn	02:06.64	28 October 2006	Milton Keynes
Ben Green	02:06.19	22 April 2007	Rugby
Ben Green	02:04.70	01 December 2007	Braunstone
Ben Green	01:59.75	16 March 2008	Daventry

## 400m FREE - BOYS under 16

Swimmer Name	Time	Date	Venue
Christopher Middleton	05:01.06	09 March 1997	Wellingborough
Christopher Middleton	04:46.18	01 February 1998	Wellingborough
Ashley O'Brien	04:38.96	11 February 2001	Wellingborough
Ashley O'Brien	04:31.06	10 February 2002	Wellingborough
Ashley O'Brien	04:25.96	03 March 2002	Corby
Ben Green	04:22.34	01 December 2007	Braunstone
Ben Green	04:17.67	05 January 2008	Wellingborough
Ben Green	04:15.98	02 February 2008	Wellingborough
Ben Green	04:11.12	08 March 2008	Daventry



# Wellingborough Amateur Swimming Club



## 800m FREE - BOYS under 16

Swimmer Name	Time	Date	Venue
Ben Green	09:40.51	06 January 2007	Wellingborough
Alex Brown	09:24.03	03 March 2007	Wellingborough
Ben Green	09:02.64	20 April 2008	Crawley
Ben Green	08:51.51	14 June 2008	Coventry
Ben Green	08:46.98	01 August 2008	Sheffield

## 1500m FREE - BOYS under 16

Swimmer Name	Time	Date	Venue
Gareth Drage	21:28.31	16 February 1997	Wellingborough
Christopher Middleton	20:24.90	23 February 1997	Corby
Christopher Middleton	19:49.43	19 January 1998	Wellingborough
Ashley O'Brien	19:15.56	05 March 2000	Stantonbury
Ashley O'Brien	18:31.49	04 February 2001	Wellingborough
Ashley O'Brien	17:44.03	03 February 2002	Wellingborough
Ben Green	17:07.45	13 January 2008	Wellingborough
Ben Green	16:38.09	08 March 2008	Daventry

## 100m IM - BOYS under 16

Swimmer Name	Time	Date	Venue
Christopher Middleton	01:16.86	30 November 1996	Wellingborough
Christopher Middleton	01:10.82	12 April 1997	Wellingborough
Kraig Nash	01:10.46	23 May 1999	Wellingborough
Ashley O'Brien	01:09.91	16 March 2002	Corby
Mark Strachan	01:09.75	11 January 2003	Sheffield
Aaron Flynn	01:07.39	20 November 2004	Wellingborough
Aaron Flynn	01:06.61	09 April 2005	Wellingborough
Aaron Flynn	01:04.84	02 July 2005	Wellingborough
Aaron Flynn	01:04.13	20 November 2005	Wellingborough
Aaron Flynn	01:03.89	14 October 2006	Deepings
Aaron Flynn	01:03.62	11 November 2006	Spalding
Aaron Flynn	01:03.29	19 November 2006	Wellingborough



# Wellingborough Amateur Swimming Club



## 200m IM - BOYS under 16

Swimmer Name	Time	Date	Venue
Martin Smith	02:43.92	23 November 1996	Wellingborough
Christopher Middleton	02:35.22	22 November 1997	Wellingborough
Mark Strachan	02:32.37	08 April 2001	Corby
Mark Strachan	02:28.76	11 January 2003	Sheffield
Aaron Flynn	02:24.57	20 November 2004	Wellingborough
Aaron Flynn	02:23.98	23 July 2005	Wellingborough
Aaron Flynn	02:21.65	30 October 2005	Milton Keynes
Aaron Flynn	02:18.99	19 November 2005	Wellingborough
Aaron Flynn	02:18.94	15 July 2006	Wellingborough
Aaron Flynn	02:17.39	29 October 2006	Milton Keynes
Aaron Flynn	02:16.21	18 November 2006	Wellingborough

## 400m IM - BOYS under 16

Swimmer Name	Time	Date	Venue
Gareth Drage	05:49.82	09 March 1997	Wellingborough
Christopher Middleton	05:40.66	24 January 1998	Wellingborough
Patrick Merricks	05:34.29	10 February 2001	Wellingborough
Ashley O'Brien	05:17.44	09 February 2002	Wellingborough
Aaron Flynn	05:08.29	31 January 2005	Wellingborough
Aaron Flynn	05:01.18	29 October 2005	Milton Keynes
Aaron Flynn	04:54.36	04 February 2006	Wellingborough