



Wellingborough Amateur Swimming Club



50m FLY - MENS open

Swimmer Name	Time	Date	Venue
Lee Whitworth	34.91	02 June 1990	Enderby
Robert Starkey	29.34	07 July 1990	Wellingborough
Robert Starkey	28.80	04 May 1991	Wellingborough
Robert Starkey	28.12	09 May 1992	Wellingborough
Daniel Hale	27.86	04 April 1998	Corby
Daniel Hale	27.22	27 March 1999	Corby

100m FLY - MENS open

Swimmer Name	Time	Date	Venue
Stephen Roswell	01:48.50	24 April 1971	
Philip Haddon	01:28.90	11 April 1972	
Philip Haddon	01:26.40	10 June 1972	
Philip Haddon	01:19.70	24 July 1972	
Philip Haddon	01:13.90	31 March 1973	
Philip Haddon	01:13.10	26 May 1973	
Philip Haddon	01:09.10	06 October 1973	
Philip Haddon	01:08.50	11 May 1976	
Jonathan Whitney	01:08.30	19 March 1977	
Jonathan Whitney	01:05.70	26 August 1977	Blackpool
Jonathan Whitney	01:03.90	03 September 1977	Wellingborough
Brian Triptree	01:03.49	03 May 1986	Wellingborough
Robert Starkey	01:02.93	06 May 1991	Wellingborough
Robert Starkey	01:02.46	23 November 1991	Wellingborough
Robert Starkey	01:02.22	15 February 1994	Rugby
David Maynard	01:02.12	22 March 2003	Corby
David Maynard	01:02.04	17 May 2003	Leamington Spa

200m FLY - MENS open

Swimmer Name	Time	Date	Venue
David Titmus	02:37.70	16 July 1978	Northampton Lings
David Titmus	02:37.30	10 November 1979	
David Titmus	02:31.00	11 November 1978	Wellingborough
David Titmus	02:23.80	18 October 1980	
Paul Mitchell	02:21.91	25 February 1984	
Paul Mitchell	02:21.75	27 October 1984	Wellingborough
David Maynard	02:21.57	01 February 2003	Daventry
David Maynard	02:20.53	22 March 2003	Corby
Ben Green	02:17.91	05 January 2008	Wellingborough



Wellingborough Amateur Swimming Club



50m BACK - MENS open

Swimmer Name	Time	Date	Venue
Mark Northen	38.81	02 June 1990	Enderby
Mark Northen	38.44	09 June 1990	Wellingborough
Robert Starkey	31.85	07 July 1990	Wellingborough
Robert Starkey	31.64	14 April 1991	Corby
Robert Starkey	30.61	02 May 1992	Hinkley
Stuart Wickham	30.47	05 October 1997	Corby
Aaron Flynn	30.18	26 April 2008	Wellingborough
Aaron Flynn	30.15	18 April 2009	Wellingborough

100m BACK - MENS open

Swimmer Name	Time	Date	Venue
Kevin McDonald	01:46.40	03 April 1971	
Stephen Roswell	01:39.30	15 May 1971	
Philip Haddon	01:23.30	09 October 1971	
Philip Haddon	01:16.00	11 April 1972	
Philip Haddon	01:15.50	25 August 1973	
Philip Haddon	01:15.20	23 March 1974	
Philip Haddon	01:13.20	25 January 1975	
Jonathan Whitney	01:12.30	15 June 1976	
Jonathan Whitney	01:11.80	22 May 1977	
Jonathan Whitney	01:11.50	25 June 1977	
David Titmus	01:09.60	28 October 1978	
David Titmus	01:07.20	18 October 1980	
Paul Mitchell	01:06.82	31 March 1984	
Paul Mitchell	01:06.69	19 January 1985	
Stephen Beal	01:06.39	30 November 1985	
Stephen Beal	01:05.95	16 March 1986	
Aaron Flynn	01:03.94	09 March 2008	Daventry
Ben Green	01:03.93	27 April 2008	Braunstone
Aaron Flynn	01:03.76	08 March 2009	Daventry

200m BACK - MENS open

Swimmer Name	Time	Date	Venue
Philip Haddon	02:50.30	07 May 1972	
Philip Haddon	02:43.30	28 January 1973	Wellingborough
Jonathan Whitney	02:35.70	22 May 1977	
Brian Triptree	02:28.38	20 February 1982	Wellingborough
Brian Triptree	02:27.01	26 February 1983	Wellingborough
Brian Triptree	02:26.09	23 April 1983	Wellingborough
Paul Mitchell	02:25.74	19 September 1983	Wellingborough
Paul Mitchell	02:22.74	25 February 1984	Wellingborough
Robert Starkey	02:22.61	11 April 1992	Corby
Ben Green	02:20.04	02 February 2008	Wellingborough
Ben Green	02:18.79	15 March 2008	Daventry



Wellingborough Amateur Swimming Club



50m BREAST - MENS open

Swimmer Name	Time	Date	Venue
Andrew Avery	42.39	02 June 1990	Enderby
Gary Mills	34.18	07 July 1990	Wellingborough
Michael Penney	34.02	08 September 1990	Peterborough
Gary Mills	33.26	04 May 1991	Wellingborough
Nick Gaggini	31.26	09 May 1992	Wellingborough

100m BREAST - MENS open

Swimmer Name	Time	Date	Venue
Christopher Samson	01:46.10	03 April 1971	
Christopher Samson	01:40.50	15 May 1971	
Philip Haddon	01:30.00	11 April 1972	
Richard Hocking	01:26.50	07 May 1972	
Philip Haddon	01:25.90	25 November 1972	
Richard Hocking	01:24.40	31 March 1973	
Michael Dungey	01:23.10	24 November 1973	
Michael Dungey	01:21.80	12 October 1974	
Christopher Samson	01:21.20	23 November 1974	
Michael Dungey	01:20.60	14 June 1976	
Christopher Samson	01:20.40	18 December 1976	
Christopher Samson	01:19.70	12 February 1977	
Christopher Samson	01:19.40	19 March 1977	
David Titmus	01:17.70	08 April 1978	
David Titmus	01:17.00	28 October 1978	
David Titmus	01:15.50		
Barry O'Brien	01:11.01	22 September 1984	Wellingborough
Barry O'Brien	01:10.09	06 October 1984	Weymouth
Barry O'Brien	01:09.89	19 October 1984	Wellingborough
Barry O'Brien	01:09.87	11 April 1987	Wellingborough
Mark Strachan	01:06.99	29 February 2004	Corby



Wellingborough Amateur Swimming Club



200m BREAST - MENS open

Swimmer Name	Time	Date	Venue
Michael Dungey	03:03.80	24 June 1973	
Michael Dungey	03:03.50	06 October 1973	
Michael Dungey	02:59.10	11 May 1974	
Michael Dungey	02:58.00	12 October 1974	
David Titmus	02:44.80		
Paul Mitchell	02:44.39	02 February 1985	
Barry O'Brien	02:39.15	16 September 1987	Blackpool
Gary Mills	02:39.05		
Gary Mills	02:37.92	23 March 1991	Wellingborough
Gary Mills	02:36.47	04 April 1992	Corby
Barry O'Brien	02:35.71	17 October 1992	Sheffield
Barry O'Brien	02:35.35	27 March 1994	Wellingborough
Barry O'Brien	02:34.94	28 October 1995	Sheffield
Barry O'Brien	02:34.66	25 October 1997	Sheffield
Mark Strachan	02:30.75	06 August 2002	Sheffield
Aaron Flynn	02:29.93	15 July 2006	Wellingborough
Aaron Flynn	02:29.07	29 October 2006	Milton Keynes
Aaron Flynn	02:25.86	24 February 2007	Corby

50m FREE - MENS open

Swimmer Name	Time	Date	Venue
Andrew Shaw	33.57	02 June 1990	Enderby
Daniel Hale	33.54	09 June 1990	Wellingborough
Robert Starkey	27.35	07 July 1990	Wellingborough
Stuart Gannon	26.88	08 September 1990	Peterborough
Stuart Gannon	25.78	06 May 1991	Wellingborough
Lee Whitworth	25.62	15 May 1993	Coventry
Lee Whitworth	25.61	09 April 1995	Wellingborough
Lee Whitworth	25.32	29 April 1995	Wellingborough
Daniel Hale	25.10	12 April 1997	Wellingborough
Daniel Hale	24.45	04 April 1998	Coventry



Wellingborough Amateur Swimming Club



100m FREE - MENS open			
Swimmer Name	Time	Date	Venue
Andrew Lane	01:25.60	15 May 1971	
Philip Haddon	01:19.20	22 May 1971	
Philip Haddon	01:17.50	09 October 1971	
Philip Haddon	01:14.30	11 April 1972	
Philip Haddon	01:10.20	10 June 1972	
Philip Haddon	01:09.00	21 September 1972	
Philip Haddon	01:07.40	10 April 1973	
Martin Underwood	01:07.10	10 April 1973	
Martin Underwood	01:06.10	24 June 1973	
Martin Underwood	01:05.70	19 January 1974	
Andrew Fair	01:05.10	05 April 1975	
Andrew Fair	01:04.30	11 August 1975	
Andrew Fair	01:04.20	29 November 1975	
Andrew Fair	01:03.90	15 June 1976	
Adrian Larson	01:03.50	27 November 1976	
Adrian Larson	01:03.30	04 August 1977	
Jonathan Whitney	01:01.90	26 November 1977	
Andrew Brown	01:00.30	30 October 1978	
Andrew Brown	59.60	10 November 1979	Wellingborough
Andrew Brown	59.40	11 October 1980	
Brian Triptree	59.10	27 February 1982	Wellingborough
Brian Triptree	58.90	06 March 1982	Wellingborough
Brian Triptree	58.17	17 March 1982	
Brian Triptree	57.70	16 October 1982	Wellingborough
Stuart Gannon	57.53	17 October 1987	Wellingborough
Stuart Gannon	57.10	10 September 1988	Kettering
Nick Gaggini	57.01	11 January 1991	Grantham
Daniel Hale	56.12	14 September 1996	Wellingborough
Daniel Hale	55.99	13 September 1997	Wellingborough
Daniel Hale	55.35	29 November 1997	Wellingborough
Daniel Hale	55.34	29 March 1998	Daventry
Ben Green	54.87	27 April 2008	Braunstone



Wellingborough Amateur Swimming Club

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200m FREE - MENS open

Swimmer Name	Time	Date	Venue
Philip Haddon	02:35.30	17 June 1973	
Adrian Larson	02:28.80	01 June 1975	
Adrian Larson	02:23.00	16 May 1976	
Andrew Brown	02:10.00	11 November 1978	Wellingborough
Andrew Brown	02:09.60	19 April 1980	
Brian Triptree	02:08.37	06 February 1982	Wellingborough
Brian Triptree	02:07.30	09 October 1982	
Robert Starkey	02:05.60	05 April 1992	Corby
David Maynard	02:05.38	08 February 2003	Wellingborough
David Maynard	02:04.69	07 February 2003	Wellingborough
David Maynard	02:04.12	15 February 2003	Corby
Ben Green	01:59.75	16 March 2008	Daventry

400m FREE - MENS open

Swimmer Name	Time	Date	Venue
Brian Triptree	04:45.34	20 February 1982	
Brian Triptree	04:34.90	13 November 1982	Wellingborough
Brian Triptree	04:33.64	25 February 1984	
Robert Starkey	04:33.60	19 May 1991	Coventry
Ashley O'Brien	04:25.96	03 March 2002	Corby
Ben Green	04:22.34	01 December 2007	Braunstone
Ben Green	04:17.67	05 January 2008	Wellingborough
Ben Green	04:15.98	02 February 2008	Wellingborough
Ben Green	04:11.12	08 March 2008	Daventry

800m FREE - MENS open

Swimmer Name	Time	Date	Venue
Brian Triptree	11:55.40	20 October 1976	
Brian Triptree	11:07.30	17 October 1977	
Brian Triptree	10:26.20	07 October 1978	
Brian Triptree	10:11.10	06 October 1979	
Brian Triptree	09:45.51	14 February 1983	Wellingborough
Paul Mitchell	09:38.96	13 February 1984	Wellingborough
Patrick Merricks	09:30.75	24 January 2004	Wellingborough
Alex Brown	09:24.03	03 March 2007	Wellingborough
Ben Green	09:02.67	20 April 2008	Wellingborough
Ben Green	08:51.57	14 June 2008	Coventry
Ben Green	08:46.98	01 August 2008	Sheffield



Wellingborough Amateur Swimming Club



1500m FREE - MENS open

Swimmer Name	Time	Date	Venue
Adrian Larson	20:51.40		
Jonathan Whitney	20:11.20		
Adrian Larson	19:32.40	15 October 1976	
David Titmus	19:21.80	17 October 1977	
David Titmus	18:28.10	07 October 1978	
Paul Mitchell	18:07.90	13 February 1982	
Paul Mitchell	18:06.70	03 March 1984	Wellingborough
Ashley O'Brien	17:44.03	03 February 2002	Wellingborough
Ben Green	17:07.45	13 January 2008	Wellingborough
Ben Green	16:38.09	08 March 2008	Deventry

100m IM - MENS open

Swimmer Name	Time	Date	Venue
Michael Dungey	01:36.50	20 May 1972	
Michael Dungey	01:36.20	16 June 1972	
Christopher Samson	01:29.20	11 September 1972	
Michael Dungey	01:27.00	07 October 1972	
Philip Haddon	01:14.40	27 January 1973	
Philip Haddon	01:12.20	06 October 1973	
Philip Haddon	01:12.10	31 March 1975	
Jonathan Whitney	01:10.90	12 March 1977	
David Titmus	01:09.10	12 January 1980	
David Titmus	01:07.70		
Paul Mitchell	01:07.19	14 January 1984	Wellingborough
Paul Mitchell	01:06.86	07 April 1984	Wellingborough
Paul Mitchell	01:06.82	05 May 1984	Peterborough
Gary Mills	01:06.18	16 March 1991	Wellingborough
Gary Mills	01:06.08		
Nick Gaggini	01:05.21	04 January 1991	Burton on Trent
Nick Gaggini	01:05.12	15 February 1991	Bicester
Daniel Hale	01:04.91	23 May 1999	Wellingborough
Aaron Flynn	01:04.84	02 July 2005	Wellingborough
Aaron Flynn	01:03.89	14 October 2006	Deepings
Aaron Flynn	01:03.62	11 November 2006	Spalding
Aaron Flynn	01:03.29	19 November 2006	Wellingborough
Aaron Flynn	01:03.22	09 December 2006	Wellingborough
Aaron Flynn	01:02.68	31 March 2007	Aylesbury
Aaron Flynn	01:02.50	21 March 2009	Aylesbury



Wellingborough Amateur Swimming Club



200m IM - MENS open

Swimmer Name	Time	Date	Venue
Christopher Samson	03:25.70	20 May 1972	
Philip Haddon	02:55.30	21 May 1972	
Philip Haddon	02:52.80	11 June 1972	
Philip Haddon	02:44.50	12 June 1972	
Philip Haddon	02:43.20	17 November 1973	
Michael Dungey	02:42.00	23 June 1974	
Philip Haddon	02:39.50	23 November 1974	
Philip Haddon	02:37.90	05 April 1975	
Jonathan Whitney	02:34.50	27 November 1976	
Jonathan Whitney	02:32.60	12 March 1977	
Jonathan Whitney	02:28.60	26 November 1977	
David Titmus	02:28.00	25 November 1978	
David Titmus	02:27.60	03 May 1980	
Brian Triptree	02:27.09	27 November 1982	Wellingborough
Paul Mitchell	02:25.58	10 September 1983	Wellingborough
Brian Triptree	02:24.82	03 December 1983	Wellingborough
Paul Mitchell	02:22.38	10 December 1983	Wellingborough
Paul Mitchell	02:21.99	13 October 1984	Wellingborough
Paul Mitchell	02:21.20	17 November 1984	Wellingborough
Aaron Flynn	02:18.99	19 November 2005	Wellingborough
Aaron Flynn	02:18.94	15 July 2006	Wellingborough
Aaron Flynn	02:17.39	29 October 2006	Milton Keynes
Aaron Flynn	02:16.21	18 November 2006	Wellingborough
Aaron Flynn	02:15.82	25 March 2007	Aylesbury
Aaron Flynn	02:15.35	08 November 2008	Lincoln
Aaron Flynn	02:15.32	15 March 2009	Daventry

400m IM - MENS open

Swimmer Name	Time	Date	Venue
Michael Dungey	05:47.90	23 February 1974	Bedford
Michael Dungey	05:41.80	30 March 1974	Wellingborough
David Titmus	05:40.80	23 October 1976	
David Titmus	05:22.40	03 September 1977	Wellingborough
David Titmus	05:15.90	08 April 1978	Wellingborough
David Titmus	05:09.70	11 November 1978	Wellingborough
Paul Mitchell	05:05.05	04 February 1984	Nottingham
Paul Mitchell	05:04.35	28 April 1984	
Paul Mitchell	05:03.81	02 February 1985	
Paul Mitchell	05:03.80	27 April 1985	
Aaron Flynn	05:01.18	29 October 2005	Milton Keynes
Aaron Flynn	04:54.38	04 February 2006	Wellingborough
Aaron Flynn	04:53.51	03 February 2007	Wellingborough
Aaron Flynn	04:47.92	11 March 2007	Daventry