



Wellingborough Amateur Swimming Club

Sheet last updated: 12/04/2010



LADIES 4 x 25m FREESTYLE RELAY

Date	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Time	Venue
19 January 1985	Emma Lloyd	Philippa Britten	Tracey Bailey	Jacquelyn Thompson	00:56.47	Wellingborough
15 April 2007	Jessica Bland	Tamira Rafaluk	Charlotte Evans	Tammy Cavender	00:55.98	Wellingborough

MENS 4 x 25m FREESTYLE RELAY

Date	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Time	Venue
15 November 1986	Stephen Beal	Michael Penney	Barry O'Brien	Stuart Gannon	00:49.38	Wellingborough
01 October 1994	Stuart Gannon	Barry O'Brien	Craig Brown	Jason Donnor	00:49.13	Corby
29 April 1995	Robert Starkey	Jason Donnor	Stuart Gannon	Lee Whitworth	00:47.69	Wellingborough

LADIES 4 x 50m FREESTYLE RELAY

Date	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Time	Venue
20 April 1986	Lisa Pickersgill	Jacquelyn Thompson	Dianne Ramshaw	Tracey Bailey	02:04.75	Kettering
06 May 1989	Lesley-Anne Driver	Caroline Moore	Lisa Pickersgill	Jacquelyn Thompson	02:00.77	Wellingborough
28 March 1993	Michelle Smith	Lisa Pickersgill	Sadie Osborne	Marion Osborne	02:00.20	Corby
25 March 2007	Stephanie Gollings	Tamira Rafaluk	Tammy Cavender	Jessica Bland	01:59.54	Daventry
16 March 2008	Stephanie Gollings	Charlotte Evans	Abigail Williams	Jessica Bland	01:58.16	Daventry
15 March 2009	Abbie Williams	Charlotte Evans	Stephanie Gollings	Jessica Bland	01:56.34	Daventry



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MENS 4 x 50m FREESTYLE RELAY

Date	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Time	Venue
24 January 1987	Craig Brown	Michael Penney	Stephen Beal	Stuart Gannon	01:49.09	Peterborough
11 April 1987	Michael Penney	Craig Brown	Barry O'Brien	Stuart Gannon	01:46.70	Wellingborough
06 May 1989	Craig Mills	Craig Brown	Michael Penney	Stuart Gannon	01:44.95	Wellingborough
11 April 1992	Robert Starkey	Stuart Gannon	Lee Whitworth	Nick Gaggini	01:44.58	Corby
11 April 1992	Robert Starkey	Stuart Gannon	Lee Whitworth	Nick Gaggini	01:42.39	Corby
30 March 1996	Daniel Hale	Jason Donnor	Stuart Gannon	Lee Whitworth	01:42.28	Wellingborough

LADIES 4 x 100m FREESTYLE RELAY

Date	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Time	Venue
06 February 1982	Theresa Westley	Jo Flowers	Jacquelyn Thompson	Emma Lloyd	04:28.90	Wellingborough
24 March 1991	Caroline Moore	Lesley-Anne Driver	Sadie Osborne	Marion Osborne	04:28.57	Kettering
22 March 2003	Leah Strachan	Amy Vaughan	Katie Weston	Matine Bailey	04:25.96	Corby
15 February 2004	Martine Bailey	Amy Vaughan	Tamira Rafaluk	Leah Strachan	04:20.60	Corby

MENS 4 x 100m FREESTYLE RELAY

Date	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Time	Venue
13 April 1986	Stephen Beal	Michael Penney	Barry O'Brien	Stuart Gannon	04:06.31	Kettering
28 March 1987	Stephen Beal	Michael Penney	Barry O'Brien	Stuart Gannon	04:00.80	Wellingborough
29 April 1989	Craig Brown	Craig Mills	Michael Penney	Stuart Gannon	03:53.74	Wellingborough
28 March 1992	Robert Starkey	Lee Whitworth	Jason Donnor	Stuart Gannon	03:53.11	Corby
28 March 1993	Robert Starkey	Jason Donnor	Lee Whitworth	Stuart Gannon	03:51.35	Corby
27 March 1994	Robert Starkey	Lee Whitworth	Stuart Gannon	Jason Donnor	03:51.05	Wellingborough



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LADIES 4 x 25m MEDLEY RELAY

Date	Backstroke	Breaststroke	Butterfly	Freestyle	Time	Venue
16 March 1985	Teresa Westley	Jacquelyn Thompson	Tracey Bailey	Philippa Britten	01:05.06	Wellingborough
29 April 1995	Helen Coy	Michelle Smith	Hannah Burman	Sadie Osborne	01:02.63	Wellingborough

MENS 4 x 25m MEDLEY RELAY

Date	Backstroke	Breaststroke	Butterfly	Freestyle	Time	Venue
15 November 1986	Darren Bason	Barry O'Brien	Stephen Beal	Stuart Gannon	00:55.78	Wellingborough
23 April 1995	Craig Brown	Barry O'Brien	Daniel Hale	Lee Whitworth	00:54.17	Wellingborough
15 April 2007	Ben Green	Aaron Flynn	David Maynard	Alex Brown	00:53.97	Wellingborough

LADIES 4 x 50m MEDLEY RELAY

Date	Backstroke	Breaststroke	Butterfly	Freestyle	Time	Venue
01 June 1985	Jo Britten	Jacquelyn Thompson	Theresa Westley	Philippa Britten	02:21.64	Wellingborough
08 April 1990	Lisa Pickersgill	Gemma Grahame-Wright	Jacquelyn Thompson	Caroline Moore	02:15.87	Corby
04 April 1993	Sadie Osborne	Michelle Smith	Lisa Pickersgill	Marion Osborne	02:15.00	Corby
14 April 1994	Helen Coy	Michelle Smith	Sadie Osborne	Marion Osborne	02:12.75	Wellingborough
09 April 1995	Helen Coy	Michelle Smith	Sadie Osborne	Marion Osborne	02:11.99	Wellingborough



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MENS 4 x 50m MEDLEY RELAY

Date	Backstroke	Breaststroke	Butterfly	Freestyle	Time	Venue
08 March 1986	Darren Bason	Barry O'Brien	Stephen Beal	Stuart Gannon	02:02.88	Wellingborough
12 April 1987	Darren Bason	Barry O'Brien	Craig Brown	Stuart Gannon	01:59.61	Kettering
14 April 1991	Robert Starkey	Barry O'Brien	Craig Brown	Stuart Gannon	01:57.46	Corby

LADIES 4 x 100m MEDLEY RELAY

Date	Backstroke	Breaststroke	Butterfly	Freestyle	Time	Venue
18 October 1980	Claire Hobbs	Emma Lloyd	Theresa Westley	Nicky Titmuss	05:03.50	Wellingborough
01 April 1990	Lisa Pickersgill	Gemma Grahame-Wright	Jacquelyn Thompson	Caroline Moore	05:02.51	Corby
06 April 1991	Lisa Pickersgill	Gemma Grahame-Wright	Caroline Moore	Marion Osborne	05:01.92	Wellingborough
06 April 1991	Lisa Pickersgill	Gemma Grahame-Wright	Caroline Moore	Marion Osborne	04:57.75	Wellingborough
15 March 2008	Fiona Coates	Jessica Bland	Abigail Williams	Stephanie Gollings	04:56.80	Daventry

MENS 4 x 100m MEDLEY RELAY

Date	Backstroke	Breaststroke	Butterfly	Freestyle	Time	Venue
12 April 1986	Darren Bason	Barry O'Brien	Stephen Beal	Stuart Gannon	04:27.52	Wellingborough
29 March 1987	Stephen Beal	Barry O'Brien	Craig Brown	Stuart Gannon	04:23.24	Kettering
07 April 1991	Gary Mills	Barry O'Brien	Robert Starkey	Stuart Gannon	04:22.01	Corby
23 March 2003	Oliver Coleman	Mark Strachan	David Maynard	Sean Bailey	04:21.56	Corby
10 March 2007	Ben Green	Aaron Flynn	David Maynard	Alex Brown	04:17.86	Daventry